

Name: _____

Date: _____

Reason for today's visit: _____

Date the symptoms began: _____

Are your symptoms due to: Auto accident Work Sports Other _____

Explain: _____

Have you ever had similar symptoms or similar injuries before? No Yes If Yes, When? _____

Other health care providers seen for these symptoms and when: _____

In what way does this interfere with your normal activities and / or work? _____

Have you lost time from work? No Yes Dates: _____

When are you most uncomfortable? Morning Afternoon Evening During the night Other _____

What activities or positions make your symptoms worse?

Sitting Standing Lying Down Bending Lifting Walking Other _____

What makes your symptoms feel better? _____

Describe the quality(s) of your symptoms: Dull Sharp Throbbing Ache Burning Numbness Tingling

How often are your symptoms: Occasionally (0 – 25% of the time) Intermittently (26 – 50% of the time)

Frequently (51 – 75% of the time) Constantly (76 – 100% of the time)

| EXERCISE ACTIVITY | WORK ACTIVITY | TOBACCO USE | ALCOHOL USE | OTHER |
|---------------------------------------|--------------------------------------|---|---------------------------------------|---------------------------------|
| <input type="checkbox"/> None | <input type="checkbox"/> Sitting | <input type="checkbox"/> Never | <input type="checkbox"/> Never | <input type="checkbox"/> Soda |
| <input type="checkbox"/> 1 per week | <input type="checkbox"/> Standing | <input type="checkbox"/> Currently | <input type="checkbox"/> Occasionally | <input type="checkbox"/> Coffee |
| <input type="checkbox"/> 2-3 per week | <input type="checkbox"/> Light labor | _____ Packs per day | <input type="checkbox"/> Moderately | |
| <input type="checkbox"/> Daily | <input type="checkbox"/> Heavy labor | <input type="checkbox"/> Previous, but quit | <input type="checkbox"/> Daily | |

List all medications and for what conditions:

List any allergies to medications, foods or other:

List all injuries, serious illnesses and surgeries. Include date - month and year

List recent X-Rays, lab or other tests. Include Doctor / Facility and date – month and year

Previous Chiropractic care: Yes No Doctor's name and approximate date of last visit: _____

Name: _____

Date: _____

Please indicate with a “√” the appropriate box for any of the following symptoms, which you now have or have had previously.
COMPLETING THIS FORM WILL HELP US DETERMINE THE BEST TREATMENT OPTIONS TO HELP YOU.

C = CURRENTLY EXPERIENCING

P = PREVIOUSLY EXPERIENCING

| C | P | | C | P | | C | P | |
|---|---|------------------------|---|---|-------------------------------|---|---|-------------------------------|
| | | MUSCULOSKELETAL | | | NERVOUS SYSTEM | | | CARDIOVASCULAR |
| | | Headaches | | | Numbness | | | Heart attack |
| | | Neck Pain | | | Cold /tingling extremities | | | High blood pressure |
| | | Upper back pain | | | Paralysis | | | Low blood pressure |
| | | Shoulder pain L R | | | Dizziness | | | Irregular heartbeat |
| | | Arm pain L R | | | Fainting | | | Stroke |
| | | Arm numbness L R | | | Depression | | | Pacemaker |
| | | Hand pain L R | | | Forgetfulness | | | Aneurysm |
| | | Hand numbness L R | | | Fatigue | | | Swollen ankles |
| | | Mid back pain | | | Stress | | | GASTROINTESTINAL |
| | | Chest pain | | | Loss of Sleep | | | Painful / excessive urination |
| | | Low back pain | | | Convulsions | | | Liver / gall bladder |
| | | Hip pain L R | | | EYE, EAR, NOSE, THROAT | | | Ulcers / colitis |
| | | Sciatic nerve pain L R | | | Vision problems | | | Nausea |
| | | Tailbone pain | | | Ear infections, ear ache L R | | | Difficult digestion |
| | | Leg pain L R | | | Hearing loss | | | GENERAL |
| | | Leg numbness L R | | | Nose pain / bleeding | | | Nervousness/tension |
| | | Knee or foot pain L R | | | Breathing problems | | | Fibromyalgia |
| | | Jaw pain – TMJ L R | | | Allergies | | | Thyroid disorder |
| | | Sore or weak muscles | | | Dental problems | | | Cancer |
| | | Arthritis | | | RESPIRATORY | | | Diabetes |
| | | Scoliosis | | | Difficulty breathing | | | Abnormal weight gain / loss |
| | | Walking problems | | | Asthma | | | AIDS/HIV |
| | | Fractured bones | | | Chronic cough | | | Bed wetting |
| | | Metal screws/implants | | | Chest pain | | | Chronic fatigue |

HEADACHE frequency and duration

A. How often do you have headaches: Every day 1 - 2 times per month
 3 - 5 times per week Rarely
 1 - 2 times per week Never

B. How long does your headache usually last? _____

FOR FEMALES:

Are you pregnant? No Yes Date due: _____

FAMILY HEALTH HISTORY

| | Living | Heart Disease | Arthritis | Diabetes | Cancer | Stroke |
|----------------|--|--|--|--|--|--|
| Father | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Mother | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Brother/Sister | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | | | | | | |
| | | | | | | |